

ALPINE LEAGUE'S STATE SKI CHAMPIONSHIPS

Event Guide



presented by



www.ski3rivers.org/state-2022

March 2-4, 2022 – Mt. Hood Meadows, Oregon

Hosted by OISRA's Mt. Hood League

2022 State Alpine Championships

Welcome to the 2022 Alpine League's State Ski Championships! The Mt. Hood League is honored to be your host for this event. We congratulate you for qualifying for these championships and anticipate that this will inspire, challenge, and ultimately reward you with many fond memories.



Thank you to all the volunteers, parents, sponsors, and coaches who contribute their time, money, and talent to high school alpine racing throughout the season(s). None of this would be possible without you! We hope that you leave this season-ending event with new friends and an unforgettable experience.

Use this Event Guide as your key to the event. It should answer most of your questions, whether you are a coach, race participant or race volunteer. If not, please do not hesitate to phone or email us before the event, or visit us Tuesday at Race Head Quarters at the **Hood River Inn** or Wednesday at Mt. Hood Meadows.

Your race host is offering a dedicated website at: www.ski3rivers.org/state-2022 where you can quickly access important information.

Let's all work together to make this a great event!

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2022 State Championship Race Committee (SCRC)

Anthony Guisto – Mt. Hood League – State Chair
Jesse Scroggins – Alpine Committee Asst. Director & Mt. Hood League Coach
Todd McNabb – Alpine Commissioner - OISRA
Mike McManus – OISRA Board & Appointed Member

GENERAL INFORMATION

Event Location – Mt. Hood Meadows – Mt. Hood, Oregon www.skihood.com

Event Venues – Stadium Chair (SL) & Middlefork (GS)

Lift Passes – Athlete lift passes will be available to purchase directly from Mt. Hood Meadows for \$57 per day for a three day lift pass. Tickets are to be purchased at the outside ticket booth at the designated window.

Racer & Team Onsite Check-in –

There will be different locations each day.

- Tuesday at the **Hood River Inn – Hotel Lobby** from 5 pm – 8 pm
- Wednesday at **Mt. Hood Meadows** from 8:30 am – 3 pm (probably inside 2nd floor)
- Wednesday at the **Hood River Inn – Hotel Lobby** from 6 pm – 8 pm

Check-in for teams and individuals must be completed by Wednesday night 8 pm.

Liability Waiver – All athletes, coaches and volunteers must complete an online Mt. Hood Meadows “Liability Release,” form located at this link: www.skihood.com/schedule-events/ski-race-and-snowboard-leagues

Look for the link labeled “*Race and Competition Waiver.*”

Live Race Results – All races will be broadcast on www.LiveTiming.com for real time race results.

Racer Social – There will be a Wednesday night racer social in downtown Hood River. See details below.

Awards Ceremony – Will be held following the race on the Sundeck at Mt. Hood Meadows, details below.

Lodging and Transportation – Race participants must arrange their own lodging and transportation to the venues.

Hood River Inn Best Western is the principle lodging partner for the event.



Address: 1108 East Marina Way
Hood River, OR 97031
Phone: (541) 386-2200
https://www.bestwestern.com/en_US/book/hotel-rooms.38121.html?groupId=P16FF4R1 – Reservations Link

Early reservations are strongly recommended. When booking rooms, please use the link or when calling, request OISRA State Race 2022.

The Historic Hood River Hotel is a great alternative for your lodging



Address: 102 Oak Street
Hood River, OR
Phone: (541) 386-1900
frontdesk@hoodriverhotel.com
<https://hoodriverhotel.com>

Alternate accommodations – there are several other motels in and around Hood River and within close proximity to the **Hood River Inn**.

COACHES INFORMATION

Team Online Registration (Head Coach or Parent Representative) – Teams will register online with the same OISRA website that they used to register for the regular season. Registration will open Friday, February 25th at 9 am. The final registration deadline is Sunday, February 27th at 9 pm. No Exceptions.

Coaches Lift Passes

Coaches will need to pre-register online for complimentary lift passes. These lift passes will be good for Wednesday, Thursday & Friday.

Coach complimentary lift passes are issued on a “per school” basis allocated according to the gender and size of the team. A school that only qualifies one racer is still entitled to assign a coach to follow that individual racer. That coach will be issued a comp pass. A school with one girl racer and one boy racer is entitled to assign a separate coach to follow each racer and each of these coaches will be issued a comp pass.

- Each school with 3 or more racers = 2 comp coach passes.
- Each school with a girl’s team, and a boy’s team of 3 or more racers of each gender = 4 comp coach passes.
- Each school with 1 or 2 girl racers = 1 comp coach pass
- Each school with 1 or 2 boy racers = 1 comp coach pass

Team Registration: Please find the link at the State Race website.

- Provide contact information for Head Coach’s and Parent Representative.
- Provide name and contact information for gate judge (one per race, per sex). Note: please make sure the name provided is aware that you have submitted their name and that; they have had prior gate judge experience!
- If you only have individuals (teams of one or two athletes) racing you do not need to supply a gate judge.
- Option to order clothing memorabilia (sweatshirts and hat)
- Option to order photo package

All Registration Deadlines are Sunday, February 27th at 9 pm, NO EXCEPTIONS

For any questions regarding the electronic registration process, please send an email to: admins@oisra.org

Team Start Orders – Your submission worksheet will be available for download at the state race website and are due by Monday, February 28th at 6 pm. No Exceptions.

New for 2022 you will also be required to submit your request for coaches lift passes on the start order worksheet. You will need your coaches’ name, email and cell phone. If you or any coach already have a Meadows lift pass please indicate that detail. This will be your only chance to submit for Coaches Lift Passes!

Start Order Worksheet: Please find the link at the State Race website.

- Worksheets will also be mailed to each coach by the race administrator.

- If you need a Google Excel link instead of an excel workbook please contact Mike McManus.
- Upon completion, email the official State Start Order workbook form with your team or individual athlete's order of start and leagues qualifying position.
- Please return this via e-mail to: archerhit@frontier.com
- Deadline is Monday, February 28th at 6pm No Exceptions.

Mandatory Coaches' Meetings – All Meetings will be held at the **Hood River Inn Best Western**.

- Wednesday; March 2nd at 8:00 pm
- Thursday; March 3rd at 8:00 pm

Onsite Team Registration Check-in – All teams (and individual qualifiers) must check-in upon arrival. See schedule times above.

Check-in for teams and individuals must be completed by Wednesday night 9 pm.

At this time you will:

- ✓ Submit your gate judge deposit. (Note: Gate Judge Deposits must be secured with a check only made payable to "OISRA Alpine Division.")
- ✓ Pick up a copy of the start orders & race schedule

Note: The Gate Judges deposit is \$150 per race (SL or GS), per sex. This would be a total of \$600 for a school with both a boys and a girl's team. This check will be destroyed at the conclusion of the Championships Race if duty is fulfilled (unless specified otherwise.)

Note: Bibs will be distributed to the team (or individual racers) coach at the coaches meeting on Wednesday night. Racers will use the same bib number both days. If a racer is only racing one of the two days he/she will receive a bib assignment for that day.

On-Hill Training – Wednesday, March 2nd is the registered training day. Training lane assignments are TBD.

Training Notes –

- Teams must provide their own gates.
- A coach or parent representative must be at the top of the course at all times.
- Courses must be pulled and slipped by the time indicated on the schedule.
- Helmets are mandatory for GS & SL training and racing (hard cover over ears and FIS certification required for GS).

Racer Social Chaperone – Each school must provide a chaperone to be onsite and available for the racer social.

ATHLETE INFORMATION

Racer Online Registration – Racers will register online with the same site that they used to register for the regular season. Registration will open Friday, February 25th at 9 am. The final registration deadline is Sunday, February 27th at 9 pm. No Exceptions.

Link for Racer Registration: Please see the State Race website.

Athlete registration fees for 2022 are \$35.

During the registration process you will also have the opportunity to follow a link to a shopping page where you can order some optional items: souvenir clothing (sweatshirts and hats), and a photographer package.

Lift Passes - Athlete lift passes will be available to purchase directly from Mt. Hood Meadows for \$57 per day for a three day lift pass. Tickets are to be purchased at the outside ticket booth at the designated window.

Schedule of Events – Please familiarize yourself with the Schedule of Events located in this Event Handbook.

Racer Notes – Please be courteous and respectful to other athletes, volunteers, coaches, the public, and Mt. Hood Meadows employees. Show your appreciation for all their hard work.

Familiarize yourself with the Mt Hood Meadows train map prior to skiing. Remember that all athletes must adhere to the *Skier's Responsibility Code - Are You Aware.*

- Do not leave skis in non-designated areas outside of lodge. Mt. Hood Meadows and the event organizers are not responsible for theft or vandalism of your equipment.
- Lift tickets or passes are required for all lifts at all times (training and racing).
- Helmets meeting FIS Specifications (see Alpine Race Rules, Section 2, Paragraph A., 5., f.) are required for all training and racing.
- NO FAST SKIING IN SLOW AREAS! This will result in loss of lift privileges.
- Bags and equipment must be kept out of walkway and off tables.

Racers Bibs – Bibs will be distributed to the team (or individual racers) coach at the coaches meeting on Wednesday night. Racers will use the same bib number both days. If a racer is only racing one of the two days he/she will receive a bib assignment for that day.

Your racer bib is considered a part of your race gear. Please remember to bring your bib to the race each day.

After the race has concluded you are free to keep your bib as a souvenir of your season's accomplishment!

Wednesday Night Athletes Social – Each race team, and racers who qualified as individuals, are invited and are encouraged to attend a free Wednesday Night Social in downtown Hood River.

The event will begin at 5 pm in downtown Hood River on Oak Street. The event will include free Pizza from Pietros, a “swag bag” hand out, pickup of your pre-ordered merchandise, free films at Andrews Theater showing Warren Miller movies and street Music! The evening activities will end at 8 pm.

This opening event is certain to be a great time!

- You must be present to win any raffle prizes.
- Participating teams must provide an adult chaperone on the premises at all times. One chaperone per school.
- Zero drug and alcohol tolerance policy. Any infractions of OISRA rules regarding drugs or alcohol will result in disqualification. Do not put your team or yourself at risk.

Friday Night Awards Ceremony – Pizza and awards will follow after racing. You must pre-purchase your pizza order at the time of registration. The cost is \$10 and will include 3 pieces of pizza and your choice of soda or water. See the schedule.

Ski Waxing – There will be tents set up behind the Hood River Inn for Ski Waxing. Please do not wax skis in your rooms! Bring your own wax and equipment.

MARCH 2ND STREET FEST!

**5:00 PM-
8:00 PM**
Oak Street
between 1st
and 2nd



- Music
- Games
- Raffle

Dress to Theme
Flannel
cowboy hat
boots



**RAFFLE TABLE
INSIDE**



WARREN MILLER FILMS



**APPAREL AND SWAG
PICK-UP**

Pietro's Pizza® Chuck, Chow, Grub
The ticket for a slice of pizza is in the swag bag



INFORMATION FOR OFFICIALS & VOLUNTEERS

All Meetings will be held at the **Hood River Inn**

Mandatory Race Officials' Meetings –

Wednesday; March 2nd at 7:00 pm, at the **Hood River Inn**

Thursday; March 3rd 7:00 pm, at the **Hood River Inn**

Mandatory Gate Judge Meeting –

Wednesday; March 2nd at 7:00 pm, at the **Hood River Inn**

All Gate Judges regardless of which day you are working are required to attend this Wednesday night meeting.

At the gate judge meeting, gate judging responsibilities will be reviewed along with specific instructions related to this race. There will not be time to do this on the race mornings, so attendance at this meeting is mandatory.

If you have not previously submitted an online OSIRA Volunteer Registration (V1) you will be responsible to complete a V1 form ASAP. Please go to this link, scroll down and click the green tab: <https://www.oisra.org/alpine/alpine--oisra-online-registration.html>
In addition, you must submit an online Mt. Hood Meadows "Liability Release" at this link: www.skihood.com/schedule-events/ski-race-and-snowboard-leagues
Look for the link labeled "*Race and Competition Waiver.*"

Lift Pass - Race officials and volunteers will be issued lift pass for that race day at volunteer check-in prior to the race.

Race Volunteer Race Day Check-in – Check-in for officials, forerunners, gate judges, and other race workers, is at Race HQ at Meadows (location TBD), see the Race Day Schedule. Depending on your position, you will be issued a lift pass, and appropriate equipment for your volunteer duty.

Complimentary Lift Pass

At the end of each race day, please promptly return all items (hand timers return your clipboard and stop watch to the timing booth) to the Race HQ. Upon your return of all equipment you will be given a complimentary lift pass.

Hand Timers – Both GS and SL course hand timers must check in at the Timing Booth at 9:15 am to receive instructions and equipment. Timers will proceed directly to their course positions; timers need to be at their positions 15 minutes before Forerunners are to run. See the race schedule below for times.

Forerunners – All forerunners should check-in with the Start Referee 60 minutes before the start of the race. The start referee will have your forerunner bib.

2022 STATE SOUVENIR CLOTHING



Sweatshirts, T-shirts, Quarter Zips & Hats – All souvenir clothing is professionally screen printed and features the official State Race 2022 logo. Sweatshirt sizes are available in S-M-L-XL-XXL. Hats are embroidered and are adjustable, one size fits all.

Souvenir clothing items can be ordered by parents when they register their athlete online. Coaches (or parent reps) can also order clothing items when they register their teams online. Pre-ordered items can be picked up Wednesday 5 pm to 8 pm during the racer social at **Shortt Supply** Company on Oak Street.

We will have a certain quantity of merchandise available for purchase onsite at the racer social and at Mt. Hood Meadows during the two days of racing. Availability is limited to stock on hand. There is no guarantee of sizing and styles available.

Professional Race Photography – Mike Juliana Photography has been the official photographer of the Alpine State Championships for the past 10 years. He will be taking action and candid photos during all events of the Alpine League's State Championships. Many of you are familiar with Mike's work from past state races

Get all of your GS, SL, and candid and awards shots from the race for only \$58. Photos will be delivered digitally and you will also get your own personal online gallery so you can share your photos with family and friends. Delivery will be about a week after the end of the race.

Can order online during registration for State or can order on the Mike Juliana website directly: www.mikejulianaphotography.com/Skiracing

MOUNTAIN INFORMATION

Parking at Meadows – National Forest Snow Park Permits are required. They're available in Govt. Camp at Huckleberry Inn, and at various local gas stations and shops. They're also for sale at the Meadows concierge desk in the lodge.

There is overnight RV parking available as well. See www.skihood.com

Restrooms at Meadows – There are two main restrooms in the main lodge. One is on the main floor adjacent to the tabled public eating area, and one downstairs across from skier services.

Medical Facility – The Providence Medical Center on-hill is an excellent facility with doctors on staff. Ski patrol will be on the hill in the event of an emergency.

Dogs/Pets – Pets must be leashed and not allowed on ski runs but can join at public spectator zones.

Cell Phones – Cell phone service at Meadows is variable but reliable at the lodge. Verizon service has been verified as very good.

SCHEDULE OF EVENTS

TUESDAY, MARCH 1ST

TIME	ACTIVITY	WHERE	WHO	COMMENTS
5:00p-8:00p	Registration Check-in	Hood River Inn Hotel Lobby	Coaches or Team Parent Rep.	Turn in Gate Judge Deposit & acquire merchandise, swag & Info.

WEDNESDAY, MARCH 2ND

TIME	ACTIVITY	WHERE	WHO	COMMENTS
8:30a-3:00p	Registration Check-in	Mt. Hood Meadows	Coaches or Team Parent Rep	Turn in Gate Judge Deposit & acquire merchandise, swag & Info.
9:00a-4:30p	Training & Free Skiing	Mt. Hood Meadows	Athletes & Coaches	Training schedule and venues TBD at check-in
6:00p-8:00p	Racer Social	Hood River – Oak Street	Racers & Chaperones	All athletes are invited. No Fee event.
6:00p-8:00p	Registration Check-in	Hood River Inn Lobby	Coaches or Team Parent Rep	Last Chance for teams to check-in!
7:00p-8:00p	Officials Meeting	Hood River Inn River View Room	All Race Officials	Mandatory Meeting
7:00p-8:00p	Gate Judge Meeting	Hood River Inn Mountain View Room	All Gate Judges for both days	Mandatory Meeting
8:00p-9:00p	Coaches Meeting	Hood River Inn River View Room	All Coaches	Mandatory Meeting

THURSDAY, MARCH 3RD

7:00p-8:00p	Officials Meeting	Hood River Inn River View Room	All Race Officials	Mandatory Meeting
8:00p-9:00p	Coaches Meeting	Hood River Inn River View Room	All Coaches	Mandatory Meeting

FRIDAY, MARCH 4TH

4:00p-6:30p	Pizza Feed	Meadows - Sun Deck	All	Available for pre-paid \$10
5:00p-6:30p	Awards Ceremony	Meadows - Sun Deck	All	

SCHEDULE OF EVENTS

THURSDAY, MARCH 3RD AND FRIDAY MARCH 4TH, 2022

Race Day Schedule				
Thursday Girls GS & Boys SL - Friday Girls SL & Boys GS				
TIME	ACTIVITY	WHERE	WHO	COMMENTS
7:15 am	Early Load Check-in	Mt. Meadows 2nd Floor Main Lodge	Course Setters & Officials	Check-in Early Load Only
8:00 am	Early Load Course Setting	Mt. Hood Meadows Express & Stadium Lifts	Course Setters & Officials	Instructions at Officials & Coaches Meetings Wednesday Night
7:30 am to 8:00 am	Course Crew Check-in	Mt. Meadows 2nd Floor Main Lodge	All Race Course Crew	Pick-up lift passes and maintenance equipment.
8:00 am to 8:30 am	Gate Judge Check-in	Mt. Meadows 2nd Floor Main Lodge	Gate Judge	Meet Chief of Gates at 8:45 am in Lodge Load lift as a group
8:45 am	Jury Inspection		Jury	Jury Inspects Courses
9:00 am	Lifts Open	Mt. Meadows	All Racers	Bibs must be worn & displayed in racer fashion.
9:00 am to 9:30 am	Substitutions Due 1st Run	Timing Hut	Coaches	This includes both GS & SL First Runs
9:15 am	Hand Timers	Timing Hut	Hand Timers	Meet for instructions & pickup equipment
9:15 am to 10:00 am	Course Inspection	Both Courses	All Racers Run 1	Girls GS Thurs (SL Friday) Boys SL Thurs (GS Friday)
9:30 am	Gate Judge Placement	Both Courses	Gate Judge	All Gate Judges must be in position by 10 am
10:00 am	Race Workers in Position	Both Courses	All Officials/ Gate Judges	Mandatory
10:10 am	Forerunners	Both Courses	Forerunners	1st Run
10:15am to 11:45am	1st Run	Both Courses	All Racers	Bibs must be worn & displayed in racer fashion.

11:45am	Substitutions	Timing Hut	Coaches	This includes both GS & SL
to	Due 2nd Run			2nd Runs
12:30pm				
12:15 pm to 1:00 pm	Course Inspection	Both Courses	All Racers Run 2	Girls GS Thurs (SL Friday) Boys SL Thurs (GS Friday)
12:45 pm	Gate Judge Placement	Both Courses	Gate Judge	All Gate Judges should be in position by 12:30pm
1:00 pm	Race Workers in Position	Both Courses	All Officials/ Gate Judges	Mandatory
1:10 pm	Forerunners	Both Courses	Forerunners	2nd Run
1:15 pm to 2:45 pm	2nd Run	Both Courses	All Racers	Bibs must be worn and displayed in racer fashion.
3:00 pm to 3:15 pm	DQ Posting	Finish Results Boards	Coaches	All protests due within 15 minutes of DQ posting. Protest Filed with the TD
3:30 pm	Jury Meeting if needed	Main Lodge	All Officials/ Gate Judges	Mandatory

Notes

- Per OISRA rules, “racers are to wear their official start number (bib) visible in racing fashion while skiing from the time of distribution to the time of collection, except for starter area.” Racers may keep their bibs following the races on Friday.
- The inspection method will be determined at the coaches meeting or prior to course inspection.
- Alternate Substitution procedures will be addressed at the coaches meeting
- DQ Posting and Protest procedures will be addressed at the coaches meeting

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